



PRPSN is a unique mental health nonprofit where staff utilize lived experience to support and serve others with mental illness. Our services pick up where traditional mental health services leave off...

SUPPORT GROUPS: There are over 50 weekly groups throughout Los Angeles serving over 1,750 people a month. They are 1-2 hours once a week and are led by volunteers.

WARM LINE: Los Angeles County's first after-hours telephone line for mental health. Operated by trained peer supporters using a toll-free number **(888) 448-9777** providing bilingual support from 2:30PM – 10PM weeknights and 10AM – 6PM on Saturday and Sunday.

ONLINE GROUPS: With a few simple clicks you can gain access on virtually any device to our 50 online groups. Create a free profile and register at:
<https://heypeers.com/organizations/127/>

HACIENDA OF HOPE: Offers a safe alternative to emergency hospitalization for individuals experiencing a stressful life event or crisis. This short-term respite home accommodates up to 10 guests as they work on individualized wellness and recovery plans and connect with local resources. It also offers support groups for individuals within the community.
(562) 388-8183

EL CENTRITO DE APOYO: Is a multi-service Spanish language program which provides a range of services to the underserved Latino community. Over 200 people a month benefit from workshops, groups and one-on-one assistance with employment, housing, and social connectedness. **(323) 312-0640**

UN PASO MAS: Is co-located with El Centrito but provides most services at local schools, churches, and community centers. Its mission is to raise awareness about mental health issues, provide linguistically and culturally appropriate support and tools to the Latino population, many of whom are recent immigrants. Un Paso Mas offers over 20 weekly support groups and holds psycho educational workshops quarterly. Reaching over 800 people monthly. **(323) 312-0762**

COMMUNITY INTEGRATION PROGRAM: Helps almost 200 people in locked settings a month. A Peer Mentor serves as a bridge and assists in creating a plan for returning to the community which incorporates housing, social support and securing resources.

CAPS ACADEMY: Is a statewide joint venture between Project Return Peer Support Network, Mental Health Association of San Francisco and Mental Health America of California. CAPS Academy is a CALMHSA approved training vendor for the Medi-Cal Peer Support Specialist Training, preparing peers to take the California Medi-Cal Peer Support Specialist Certification Exam.

(Peer Empowerment, Education and Re-Entry Services): Offers an array of support groups and system navigation services for justice-involved peers provided by peers with similar lived experience. Current groups are: Seeking Safety, Wellness Recovery Action Planning (WRAP) and Anger Management (facilitated by certified anger management instructors). For more information contact Jason Garcia (562) 310-1208 or jgarcia@prpsn.org; Lorena Lopez (323) 794-3190 or llopez@prpsn.org; Jose Zapata (323)-772-9740 or Jzapata@prpsn.org

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PEERS