

Service Area 8B – South Bay Area Peer Support Group Calendar Contact Mary Mojica, Program Manager – <u>mmojica@prpsn.org</u> or by Phone 323-681-1312

Monday's

1:00 pm – 2:00 pm PST Power of Women Facilitated by Tamara Kennick Members may Join using the Zoom link below: <u>https://us02web.zoom.us/j/82830507214</u> Meeting ID: 890 9054 4826

2:00 pm – 3:00 pm Bowling Group Group currently on hiatus due to public health safety. Peer-to-peer support offered by facilitator at this time. Contact Facilitator Michael Lee (310) 387-2740

4:00 pm – 5:00 pm Grief & Loss Group Facilitated by Jessica Diaz Members may Join using the Zoom link below: <u>https://us02web.zoom.us/j/81387309561</u> Meeting ID: 813 8730 9561

Tuesday's

11:00 am – 12:30 pm Recovery in Action Facilitated by Aaron Icedo Group meets via teleconference Contact Program Manager Mary at (323) 681-1312

11:30 am – 12:30 pm Crafty Hands Group meets via teleconference Contact Facilitator Runhau "Ruth" Wen (424) 308-7734

11:30 am – 12:30 pm Artesanias Facilitated by Lourdes Rabello Group meets via teleconference Contact Program Manager Mary Mojica at (323) 681-1312

2:00 pm – 3:30 pm Money and Mental Wealth Facilitated by Tamara Kennick Group meets via teleconference Contact Program Manager Mary Mojica at (323) 681-1312

3:00 pm – 4:00 pm PST Healing Through Music Facilitated by Amrot "Amy" Dejene Members may Join using the Zoom link below: <u>https://us02web.zoom.us/j/85651256639</u> Meeting ID: 856 5125 6639

Wednesday's

9:00 am –10:30 am Positive Thinking Through Fun Group meets via teleconference. Contact Facilitator Michael Lee (310) 387-2740

11:00 am – 12:00 pm Club Our Way Facilitated by Ursula Sims Members may Join using the Zoom link below: <u>Click here to Join Zoom Meeting</u> Meeting ID: 847 8004 3322

Thursday's

11:00 am – 1:00 pm Fun Seekers Facilitated by Aaron Icedo Group meets via teleconference Contact Mary Mojica at (323) 681-1312

11:30 am - 12:30 pm



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Stretching for Relaxation Facilitated by Lourdes Rabello Group meets via teleconference Contact Mary Mojica at (323) 681-1312

4:00 pm – 5:00 pm Recovery Club Facilitated by Jessica Diaz Members may Join using the Zoom link below: <u>https://us02web.zoom.us/j/81387309561</u> Meeting ID: 813 8730 9561

Friday's

11:00 am – 12:00 pm Wellness Walkers Facilitated by Runhau "Ruth" Wen Group meets via teleconference Contact Mary Mojica at (323) 681-1312

1:30 – 2:30 pm Healing Through Music Facilitated by Amy Dejene Members may Join by creating an online account to Register at https://www.supportgroupscentral.com/