



Service Area 5 – West Los Angeles Group Calendar

Questions? Contact Moses Ramirez, Regional Coordinator at [mramirez@prpsn.org](mailto:mramirez@prpsn.org) or (213) 422-7527

### Monday's

**Time:** 5:00 pm – 06:30 pm  
**Name of Group:** Battered Not Broken  
**Facilitator:** Shina Webb  
**Group meeting via telehealth/zoom, ID:**  
**882 8753 9173 (password not needed)**  
**Contact:** Peer Supporter Moses Ramirez for more information

### Tuesday's

**Time:** 4:00 pm – 05:30 pm  
**Name of Group:** Heal Your Heart  
**Facilitator:** Moses Ramirez  
**Group meeting via telehealth/zoom, ID:**  
**816 2492 0407 (password not needed)**  
**Contact:** Peer Supporter Moses Ramirez for more information

### Wednesday's

**Time:** 1:00 pm – 02:00 pm  
**Name of Group:** United & Living with Bipolar  
**Facilitator:** Christian Castro  
**Group meeting via telehealth/zoom, ID:**  
**893 4935 7010 (password not needed)**  
**Contact:** Peer Supporter Moses Ramirez for more information

**Time:** 5:00 pm – 06:30 pm  
**Name of Group:** Tattered Flower  
**Facilitator:** Shina Webb  
**Group meeting via telehealth/zoom, ID:**  
**849 5920 4423 (password not needed)**  
**Contact:** Peer Supporter Moses Ramirez for more information

### Thursday's

**Time:** 12:00 pm – 01:30 pm  
**Name of Group:** Walking With Friends  
**Facilitator:** Moses Ramirez  
**Group meeting via telehealth/zoom, ID:**  
**814 0166 2072 (password not needed)**  
**Contact:** Peer Supporter Moses Ramirez for more information

**Time:** 3:00 pm – 04:00 pm  
**Name of Group:** Alcott Club  
**Facilitator:** Grant Lupher  
**Group meeting in person/limited attendance.**  
**Contact:** Peer Supporter Moses Ramirez for more information

### Friday's

**Time:** 12:00 pm – 01:00 pm  
**Name of Group:** Cause 4 Paws  
**Facilitator:** Lynnea Johnson  
**Group meeting via telehealth/zoom, available on [supportgroupcentral.com](http://supportgroupcentral.com)**  
**Contact:** Peer Supporter Moses Ramirez for more information

**Time:** 1:00 pm – 02:00 pm  
**Name of Group:** Mental Health Wellness  
**Facilitator:** Christian Castro  
**Group meeting via telehealth/zoom, ID:**  
**895 3399 5721 (password not needed)**  
**Contact:** Peer Supporter Moses Ramirez for more information

**Time:** 3:00 pm – 04:00 pm  
**Name of Group:** Friends of the Manor  
**Facilitator:** Grant Lupher  
**Group meeting via telehealth/zoom, ID:**  
**815 4475 2268 (password not needed)**  
**Contact:** Peer Supporter Moses Ramirez for more information