



Service Area 3 – San Gabriel Valley Peer Support Group Calendar
Contact Taura Scott, Regional Coordinator – tscott@prpsn.org or by Phone 213-446-9779

Monday's

N/A

Tuesday's

Time: 10:00 am – 11:00 am

Name of Group: Limited to Limitless

Facilitator: Toni-Lynn Watson

Group meeting is telehealth/Zoom via Tri-City Wellness

Contact: Peer Supporter Taura Scott for more information

Time: 12:00 pm – 1:00 pm

Name of Group: Bore No More

Facilitator: Pam Vines

Group meeting is telehealth/Zoom via Tri-City Wellness

Contact: Peer Supporter Taura Scott for more information

Time: 1:00 pm – 2:00 pm

Name of Group: Color me Calm

Facilitator: Magdalena Ruiz

Group meeting is telehealth/Zoom via Pacific Clinics

Contact: Peer Supporter Taura Scott for more information

Time: 2:00 pm – 3:00 pm

Name of Group: Us Creative Friends

Facilitator: Annick Hollister

Location: 4541 N Figueroa St, Los Angeles, CA 90065 (in person meeting)

Contact: Peer Supporter Taura Scott for more information

Time: 3:00 pm – 4:00 pm

Name of Group: Writing to Heal

Facilitator: Martha Ayala

Group meeting is telehealth/Zoom via Support Groups Central

Contact: Peer Supporter Taura Scott for more information

Wednesday's

Time: 10:00 am – 11:00 am

Name of Group: Healthy Relationships

Facilitator: Magdalena Ruiz

Group meeting is telehealth/Zoom via Support Groups Central

Contact: Peer Supporter Taura Scott for more information

Time: 11:00 am – 12:00 pm

Name of Group: Limited to Limitless

Facilitator: Toni-Lynn Watson

Group meeting is telehealth/Zoom via Tri-City Wellness

Contact: Peer Supporter Taura Scott for more information

Time: 9:00 am – 11:00 am

Name of Group: Fun Activities

Facilitator: Rosalie Ochoa

Group meeting is via teleconference

Contact: Peer Supporter Taura Scott for more information



Service Area 3 – San Gabriel Valley Peer Support Group Calendar
Contact Taura Scott, Regional Coordinator – tscott@prpsn.org or by Phone 213-446-9779

Thursday's

Time: 12:00 pm – 1:00 pm

Name of Group: Bore No More

Facilitator: Pam Vines

Group meeting is telehealth/Zoom via Tri-City Wellness

Contact: Peer Supporter Taura Scott for more information

Friday's

Time: 8:30 am – 9:30 am

Name of Group: Leadership: Modeling the Life of Nuts

Facilitator: Jane Engleman

Group meeting is telehealth/Zoom via Support Group Central

Contact: Peer Supporter Taura Scott for more information

Time: 10:00 am – 11:00 am

Name of Group: Arroyo Seco Digital Stage

Facilitator: Jane Engleman

Group meeting is telehealth/Zoom via Support Group Central

Contact: Peer Supporter Taura Scott for more information