



Service Area 4 – Metro Los Angeles Peer Support Group Calendar  
Contact Ashley Flores, Program Manager – [aflores@prpsn.org](mailto:aflores@prpsn.org) or by Phone 562-506-6784

### Monday's

**Time:** 9:00 am – 10:00 am  
**Name of Group:** Self Care  
**Facilitator:** Richard Richard  
**Group meeting via teleconference**  
**Contact:** Peer Supporter Narcisa Gallardo for more information

**Time:** 10:30 am – 11:30 am  
**Name of Group:** Hollywood All-Stars  
**Facilitator:** Steven Kuehn  
**Group meeting via teleconference**  
**Contact:** Peer Supporter Narcisa Gallardo for more information

**Time:** 1:00 pm – 2:00 pm  
**Name of Group:** Motivation Group  
**Facilitator:** Robert Lockhart  
**Group meeting via teleconference**  
**Contact:** Peer Supporter Narcisa Gallardo for more information

**Time:** 1:00 pm – 2:00 pm  
**Name of Group:** Threshold  
**Facilitator:** Dolores Lucero  
**Group meeting via teleconference**  
**Contact:** Peer Supporter Narcisa Gallardo for more information

**Time:** 2:30 pm – 3:30 pm  
**Name of Group:** My Tool Box  
**Facilitator:** Robert Lockhart  
**Group meeting via teleconference**  
**Contact:** Peer Supporter Narcisa Gallardo for more information

### Tuesday's

**Time:** 9:00 am – 10:00 am  
**Name of Group:** Emotional Awareness Group  
**Facilitator:** Andre Hall  
**Group meeting via teleconference**  
**Contact:** Peer Supporter Narcisa Gallardo for more information

**Time:** 10:00 am – 11:00 am  
**Name of Group:** Discussion  
**Facilitator:** Damon James  
**Group meeting via teleconference**  
**Contact:** Peer Supporter Narcisa Gallardo for more information

**Time:** 1:00 pm – 2:00 pm  
**Name of Group:** Empowerment Hour  
**Facilitator:** Gregory Shumate  
**Group meeting via teleconference**  
**Contact:** Peer Supporter Narcisa Gallardo for more information

**Time:** 1:00 pm – 2:00 pm  
**Name of Group:** Rise Above  
**Facilitator:** Gregory Rojas  
**Group meeting via teleconference**  
**Contact:** Peer Supporter Narcisa Gallardo for more information

**Time:** 2:00 pm – 3:00 pm  
**Name of Group:** Discovery Central  
**Facilitator:** Gregory Shumate  
**Group meeting via teleconference**  
**Contact:** Peer Supporter Narcisa Gallardo for more information



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**Time:** 4:00 pm – 5:00 pm  
**Name of Group:** Celebrate Recovery  
**Facilitator:** Richard Mesa  
**Group meeting via teleconference**  
**Contact:** Peer Supporter Narcisa Gallardo for more information

### Wednesday's

**Time:** 10:30 am – 11:30 am  
**Name of Group:** Thinking for Change  
**Facilitator:** Harvey Knight  
**Group meeting via teleconference**  
**Contact:** Peer Supporter Narcisa Gallardo for more information

**Time:** 1:30 pm – 2:30 pm  
**Name of Group:** Friends Together  
**Facilitator:** Hans Dammers  
**Group meeting via teleconference**  
**Contact:** Peer Supporter Narcisa Gallardo for more information

### Thursday's

**Time:** 9:00 am – 10:00 am  
**Name of Group:** Domestic Awareness Group  
**Facilitator:** Andre Hall  
**Group meeting via teleconference**  
**Contact:** Peer Supporter Narcisa Gallardo for more information

**Time:** 11:30 am – 12:30 pm  
**Name of Group:** Active Ones  
**Facilitator:** Hans Dammers  
**Group meeting via teleconference**  
**Contact:** Peer Supporter Narcisa Gallardo for more information

**Time:** 11:30 am – 12:30 pm  
**Name of Group:** We Care  
**Facilitator:** Francine Alfaro  
**Group meeting via teleconference**  
**Contact:** Peer Supporter Narcisa Gallardo for more information

**Time:** 12:30 pm – 1:30 pm  
**Name of Group:** Just Us Friends  
**Facilitator:** Steven Kuehn  
**Group meeting via teleconference**  
**Contact:** Peer Supporter Narcisa Gallardo for more information

**Time:** 1:00 pm – 2:00 pm  
**Name of Group:** Making a Difference  
**Facilitator:** Francine Alfaro  
**Group meeting via teleconference**  
**Contact:** Peer Supporter Narcisa Gallardo for more information

**Time:** 1:00 pm – 2:00 pm  
**Name of Group:** Change is Possible  
**Facilitator:** Gregory Rojas  
**Group meeting via teleconference**  
**Contact:** Peer Supporter Narcisa Gallardo for more information

**Time:** 1:00 pm – 2:00 pm  
**Name of Group:** Health & Wellness  
**Facilitator:** Marcus Tuttle  
**Group meeting via teleconference**  
**Contact:** Peer Supporter Narcisa Gallardo for more information

**Time:** 2:00 pm – 3:00 pm  
**Name of Group:** Golden Future  
**Facilitator:** Marcus Tuttle  
**Group meeting via teleconference**  
**Contact:** Peer Supporter Narcisa Gallardo for more information



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**Time:** 4:00 pm – 5:00 pm  
**Name of Group:** Addiction  
**Facilitator:** Harvey Knight  
**Group meeting via teleconference**  
**Contact: Peer Supporter Narcisa Gallardo for more information**

**Time:** 4:00 pm – 5:00 pm  
**Name of Group:** Together We Rise  
**Facilitator:** Richard Mesa  
**Group meeting via teleconference**  
**Contact: Peer Supporter Narcisa Gallardo for more information**

#### Friday's

**Time:** 1:00 pm – 2:00 pm  
**Name of Group:** Healing of the Mind  
**Facilitator:** Dolores Lucero  
**Group meeting via teleconference**  
**Contact: Peer Supporter Narcisa Gallardo for more information**